

IgE expression pattern in lung: Relation to systemic IgE and asthma phenotypes

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Background: IgE-mediated responses contribute to allergy and asthma. Little is understood regarding the relationship of tissue IgE to systemic IgE, inflammation or clinical outcomes.

Objectives: To evaluate local IgE expression and cellular inflammation in the proximal and distal lung of normal subjects and subjects with asthma of varying severity and relate those tissue parameters to systemic IgE levels, atopy, lung function, and history of severe exacerbations of asthma.

Methods: Tissue from more than 90 subjects with eosinophilic (SAeo⁺) and noneosinophilic (SAeo⁻) severe asthma, mild asthma and normal subjects were immunostained for IgE, signal-amplifying isoform of IgE receptor (FcεRIβ) and markers of mast cells, eosinophils, and lymphocytes. Tissue expression of IgE, FcεRIβ, cellular inflammation, serum IgE, and atopy were compared. Regression models were used to determine the relationship of local and systemic IgE to lung function and severe exacerbations of asthma.

Results: Mast cell-bound IgE was present along airways but absent in lung parenchyma. Although the groups were similar in systemic/serum IgE and atopy, local/tissue IgE was highest in SAeo⁺ and correlated with eosinophils and lymphocytes ($r_s = 0.52$, $P < .0001$; and $r_s = 0.23$, $P = .03$, respectively). Higher local IgE was associated with better lung function, but also with more severe exacerbations of asthma.

Conclusion: Local IgE appears to be primarily a component of responses within the mucosal immune compartment and is related to cellular inflammation, lung function, and clinical outcomes in asthma.

Clinical implications: Local/airway IgE-related processes rather than systemic markers of atopy may be relevant in determining clinical outcomes in asthma. (J Allergy Clin Immunol ■■■■;■■■:■■■-■■■.)

Key words: IgE, mucosal immune response, asthma exacerbation, mast cells, eosinophils, lymphocytes

IgE has been associated with allergic diseases and asthma. Recent studies of the effects of anti-IgE therapy have confirmed that it plays a role in these diseases.¹⁻⁵ Despite this, questions remain regarding the role of IgE in immune processes related to asthma and other diseases. For instance, the majority of investigations related to allergy in humans have focused on systemic markers—ie, serum IgE and hypersensitivity reactions in the skin. Yet how these systemic markers relate to local/mucosal IgE in asthma or in other diseases is unclear. Although it is appreciated that mucosal IgE can be induced and produced locally as a component of specific mucosal responses in subjects with and without systemic markers of atopy, it is unknown whether systemic IgE could modify or even amplify tissue IgE expression and IgE binding to mast cells.⁶⁻¹⁰

The studies addressing local IgE in nasal mucosa from patients with allergic and idiopathic rhinitis reported that IgE⁺ cells were increased in subjects with either allergic or idiopathic rhinitis compared with normal nonatopic subjects.⁶⁻¹⁰ Similar studies of proximal airways in asthma reported that there were more B cells with IgE-related mRNA transcripts and greater numbers of high-affinity IgE receptor (FcεRI)-bearing cells in proximal airways of atopic and nonatopic subjects with asthma and in atopic controls than in nonatopic controls.^{11,12}

Although the expression of IgE (protein) in nasal mucosa was reported to associate with increased eosinophils, expression of IgE in lung or its relationship to asthma severity or cellular inflammation has not been studied.¹⁰ Eosinophilia in asthma has long been associated with symptoms, asthma exacerbations, and, less consistently, lung function.¹³⁻¹⁵ Anti-IgE therapy reportedly reduces tissue eosinophilia and frequency of asthma exacerbations, suggesting that there may be a relationship between IgE, tissue eosinophils and asthma exacerbations.¹⁻⁴ However, lung function in asthma was marginally affected by anti-IgE therapy, suggesting that further studies are needed to understand the relationships of local and systemic IgE to airway inflammation and lung function in asthma. Therefore, the local expression of IgE and the signal-amplifying tetrameric isoform of FcεRI in various lung regions (both not hitherto reported) were evaluated and compared with systemic/serum IgE and skin reactivity to aeroallergens. Both local and systemic measures of IgE were then compared with

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Abbreviations used

AR:	Seasonal/allergic rhinitis symptoms
MA:	Subject with mild asthma
%MC ^{FcεRIβ+} :	Percentage of mast cells staining positive for FcεRIβ
%MC ^{IgE+} :	Percentage of mast cells staining positive for IgE
NC:	Normal control subject
OR:	Odds ratio
RV%:	Residual volume, percent of predicted
SAeo ⁺ :	Subject with severe asthma with eosinophilia
SAeo ⁻ :	Subject with severe asthma without eosinophilia

the distribution of airway inflammatory cells (lymphocytes, eosinophils, and mast cells), the history of severe exacerbations of asthma, and lung function. It was hypothesized that the local IgE expression in the lung would vary by asthma severity and would be associated with an asthmalike inflammatory cell environment and that the association of local IgE expression with lung function and severe exacerbations of asthma would be stronger than that seen with systemic/serum IgE.

Some of the results of these studies have been reported previously in abstract form.¹⁶

METHODS

Subjects

Subjects' asthma severity was determined using previously published criteria.¹⁴ Subjects with severe asthma were further subgrouped into those with tissue eosinophilia (SAeo⁺; >22 eosinophils/mm² tissue, equivalent to $\geq 2 \times$ SD from the mean value measured in normal controls) or without (SAeo⁻), as previously reported.¹⁴ The details are in this article's Online Repository at www.jacionline.org.

This study also included 5 healthy organ donors' lung samples. The lungs, which were procured but not used as transplants, were obtained through the National Disease Research Interchange (Philadelphia, Pa), processed, and analyzed similar to other tissue samples.

The study was approved by the National Jewish Institutional Review Board, and all subjects gave informed consent.

Atopic status, lung function, rhinitis symptoms, and asthma exacerbation data

Subjects underwent allergen skin testing and lung function measurements according to standard protocols (see details in this article's Online Repository at www.jacionline.org). The history of seasonal or allergic rhinitis symptoms (AR; yes/no) and the history of severe exacerbations of asthma were collected by questionnaire. The history of severe exacerbation of asthma was defined as any previous admittance to an intensive care unit because of an asthma attack or the requirement for assisted ventilation because of an asthma attack.

Sample collection, immunostaining, and tissue analysis

Bronchoscopy and tissue processing were performed as previously described.¹⁴ Serum samples for IgE measurements were collected and stored at -80°C .

Tissue sections were immunostained for IgE, β -chain of FcεRI, mast cell tryptase, CD3 (lymphocytes), and eosinophil major basic protein by using a peroxidase-based detection system (see details in this article's Online Repository at www.jacionline.org).

Inflammatory cell counts were determined per area of tissue in proximal and distal airway regions and alveolar tissue as previously described (see details in this article's Online Repository at www.jacionline.org).¹⁷

Statistical analysis

The nonparametric Kruskal-Wallis test was used to compare severity groups. When an overall significant difference was detected for a particular variable ($P < .05$), pairwise group tests were performed by using Wilcoxon rank-sum tests. Serum IgE, normalized by log transformation, was analyzed by ANOVA. Categorical variables (sex, atopy) were compared by Pearson χ^2 test. Spearman correlations (r_s) were used to measure the strength of association between 88 pairs of variables; the false discovery rate procedure was used to maintain the false discovery rate at 5%.¹⁸ Only the correlations that remained significant after the procedure were reported.

Standard multiple regression was used to model pulmonary function parameters as outcomes and IgE level (measured as 3 different variables and considered as separate models: IgE⁺ cell number, percentage, and IgE serum concentration), mast cells, lymphocytes, eosinophils, and asthma severity as predictors.¹⁹ The slope of the IgE variable, indicating the average change in pulmonary function per unit increase in IgE, was of primary interest.

In addition to pulmonary function, 2 exacerbation outcomes (ever required assisted ventilation and ever stayed in the intensive care unit) were evaluated by using logistic regression. Predictors used in these models were IgE level (the same 3 variables considered as for pulmonary function, in separate models), mast cells, lymphocytes, eosinophils, and FEV₁. Odds ratios (ORs) for exacerbations were determined and reported in relationship to increases in IgE. In all models, insignificant variables ($P > .2$) other than IgE were removed by using backward selection.

RESULTS

Subjects

Forty-seven subjects with severe asthma (21 SAeo⁺ [81% atopic] and 26 SAeo⁻ [75% atopic]), 20 subjects with mild asthma (MAs, 85% atopic) and 23 normal subjects (NC, 77% atopic) were evaluated (see this article's Table E1, including data on asthma exacerbations, in the Online Repository at www.jacionline.org). The atopic status among the 4 groups was similar ($P = .87$). Fourteen SAeo⁺ and 19 SAeo⁻ were on oral corticosteroids alone or in addition to a high dose of inhaled corticosteroids, whereas 7 subjects in each group were on high-dose inhaled corticosteroids only.

The lung transplant tissue specimens were from healthy organ donors without a history of smoking who died of causes unrelated to lung and whose organs were procured within 24 hours of mechanical ventilation. The subjects in this group were significantly older than the subjects in other groups (age range, 50-78 years; overall $P < .0001$).

Serum IgE, atopy, rhinitis symptoms, and asthma

When all 4 subject groups were analyzed, similar to atopic status, there was no difference in mean serum IgE

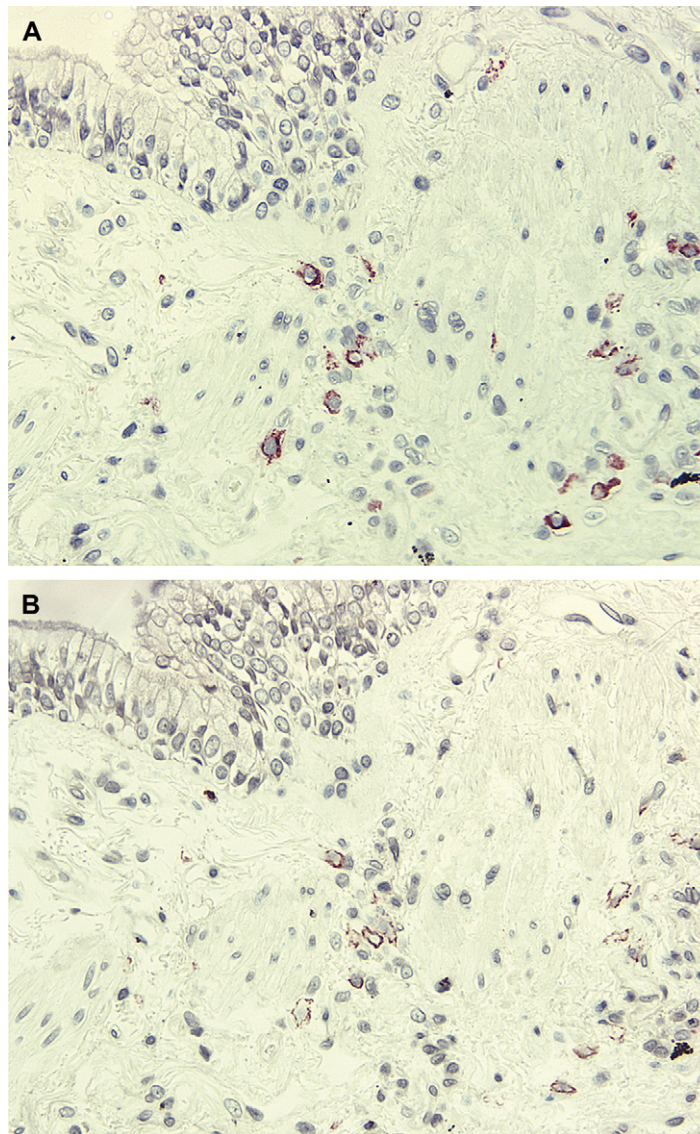


FIG 1. Immunostaining for mast cell tryptase and IgE in consecutive tissue sections. Tryptase-positive mast cells in small airway inner and outer wall (**A**) colocalize with IgE⁺ cells (**B**). Original magnification: $\times 200$.

levels ($P = .61$; see this article's [Fig E1](#) in the Online Repository at www.jacionline.org) or in percent of subjects with elevated (>100 IU/mL) serum IgE levels ($P = .68$). This lack of difference was not unexpected because normal subjects were included in this study regardless of their atopic status and/or AR. Although the association between AR and atopy or elevated serum IgE was marginal ($P = .04$ and $P = .06$, respectively), it was still substantially stronger than between asthma and those markers ($P = .79$ and $P = .27$, respectively).

Expression of IgE and Fc ϵ RI β in proximal airways and relation to inflammatory cells

The cell-associated expression of IgE and Fc ϵ RI β was evaluated in proximal airways of subjects from all groups. A similar analysis was performed in transbronchial biopsy

tissue samples from the subset of 16 subjects with severe asthma and 4 subjects with mild asthma who, along with endobronchial biopsy, underwent concomitant transbronchial biopsy. This subset of subjects was not significantly different in age, sex, or therapy from others in the respective groups (data not shown). Small airway tissue was identified in 11 SA (5 SAeo⁺ and 6 SAeo⁻), whereas peripheral alveolar tissue was present in samples from 6 subjects with severe asthma (1 of whom also had small airway tissue) and 4 subjects with mild asthma. Proximal and distal airway regions and peripheral alveolar tissue were also analyzed in lung tissue samples from the 5 NC organ donors.

Positive immunostaining for IgE and Fc ϵ RI β was observed as membrane staining on cells identified as mast cells (colocalized with tryptase staining; [Fig 1](#)). Not

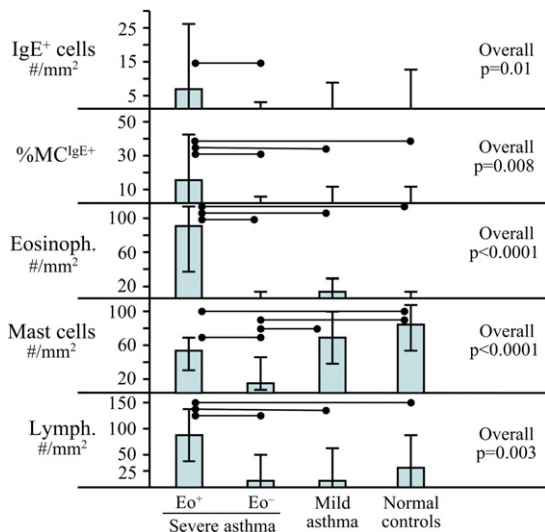


FIG 2. IgE expression and inflammatory cell counts (eosinophils, mast cells, and lymphocytes) in proximal airways of subjects with severe asthma with or without persistent eosinophilia (Eo⁺ and Eo⁻, respectively) or mild asthma and in normal subjects. Each column presents median (rectangular bar) and interquartile range (span of error bars). Horizontal lines connect groups that are significantly different ($P \leq .05$).

all mast cells stained positively for IgE and FcεRIβ, nor were both markers always expressed on the same mast cell. Thus, the results for tissue IgE and FcεRIβ expression were also analyzed as the percentage of the mast cell population with positive staining for IgE or FcεRIβ (%MC^{IgE+} and %MC^{FcεRIβ+}).

The distribution of IgE⁺ mast cells (range, 0-71/mm²) differed among the 4 groups (overall $P = .01$; Fig 2). Despite the general decrease in total mast cell counts in severe asthma, SAe⁺ had the highest absolute number of IgE⁺ mast cells among the groups, which was significantly higher than in SAe⁻ ($P = .009$), but similar to MA and NC ($P = .11$ and $P = .13$, respectively). In addition, the %MC^{IgE+} was highest in SAe⁺ (overall $P = .008$; compared with SAe⁻, $P = .002$; MA, $P = .03$; NC, $P = .03$).

In contrast, the groups were similar in both numbers of FcεRIβ⁺ cells (overall $P = .12$; SAe⁺ median [interquartile range] = 0/mm² [0-15]; SAe⁻, 0/mm² [0-0]; MA, 2/mm² [0-10]; NC, 0/mm² [0-3]) and in the %MC^{FcεRIβ+} (overall $P = .2$; data not shown). Although staining for FcεRIβ could not always be colocalized with IgE⁺ cells, IgE⁺ and FcεRIβ⁺ cells, as well as the %MC^{IgE+} and %MC^{FcεRIβ+}, were correlated ($r_s = 0.56$, $P < .0001$; and $r_s = 0.54$, $P < .0001$, respectively).

The number of IgE⁺ cells and %MC^{IgE+} correlated with eosinophils ($r_s = 0.50$, $P < .0001$; and $r_s = 0.52$, $P < .0001$, respectively). That relationship was not secondary to a relationship between mast cells and eosinophils ($r_s = 0.11$, $P = .31$). FcεRIβ⁺ cells and %MC^{FcεRIβ+} also correlated with eosinophils ($r_s = 0.34$, $P = .007$; and $r_s = 0.34$, $P = .008$, respectively).

Although lymphocyte numbers were also higher in SAe⁺ than in all other groups (overall $P = .003$; $P < .05$

for each intergroup comparison), they correlated to a lesser degree with IgE⁺ cells and %MC^{IgE+} ($r_s = 0.37$, $P = .0004$; and $r_s = 0.23$, $P = .03$, respectively) than did eosinophils.

The dose of oral steroids did not significantly correlate with the number of IgE⁺ cells, %MC^{IgE+}, or serum IgE ($r_s = -0.07$, $P = .52$; $r_s = -0.008$, $P = .94$; and $r_s = 0.12$, $P = .32$, respectively). Similarly, there was no significant correlation with the number of lymphocytes or eosinophils ($r_s = 0.15$, $P = .15$; and $r_s = 0.14$, $P = .20$, respectively). In contrast, oral steroid dose negatively correlated with the number of mast cells ($r_s = -0.48$, $P < .0001$).

Expression of IgE in distal lung

IgE⁺ cells were detected in small airways of 5 out of 7 patients with severe asthma with IgE⁺ cells in proximal airways (Fig 3). Four patients with severe asthma with no proximal IgE⁺ cells had none in distal airway regions. Similarly, among the 5 NC organ donors (4 of 5 of whom had no IgE in proximal airway), none was detected in distal airways (data not shown). IgE⁺ cells in peripheral alveolar tissue were not found in any subject, regardless of whether IgE⁺ cells were present in proximal airways (data not shown).

There were no significant relationships between IgE expression and eosinophils or lymphocytes in distal airways, but the small numbers limit meaningful comparisons (data not shown).

Relationship between local IgE and serum IgE

Statistical analysis indicated a positive relationship between local/airway IgE expression and serum IgE levels. Both the number of IgE⁺ cells and %MC^{IgE+} in proximal airways correlated with serum IgE ($r_s = 0.39$, $P = .0005$; and $r_s = 0.41$, $P = .0002$, respectively; Fig 4). The %MC^{IgE+} and serum IgE were also correlated in distal airways ($r_s = 0.72$; $P = .01$), whereas there were no significant correlations in peripheral alveolar tissue where there were no IgE⁺ cells. Serum IgE did not correlate with tissue lymphocytes, eosinophils or mast cells ($r_s \leq 0.13$; $P \geq .25$).

Relationship of local IgE and serum IgE with lung function and severe exacerbations of asthma

Regression models, adjusted for asthma severity and evaluating lung function measures as outcomes and proximal airway IgE and serum IgE as predictors, demonstrated that FEV₁ was positively predicted by %MC^{IgE+}. A 10% increase in %MC^{IgE+} was associated with an average increase in predicted FEV₁ of 2% ($P = .008$). Residual volume (RV% predicted) was negatively predicted by %MC^{IgE+} and IgE⁺ cell counts. A 10% increase in %MC^{IgE+} was associated with an 8% decrease in RV, whereas a 10-cell increase in IgE⁺ cells was associated with a 15% decrease (both $P = .03$). Serum IgE was marginally associated with FEV₁ ($P = .05$) and insignificantly with RV ($P = .76$). Fig 5 demonstrates the

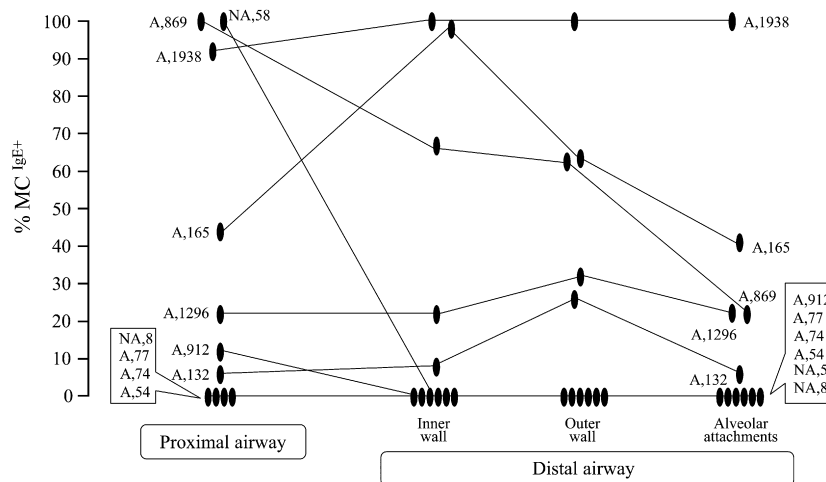


FIG 3. Percentages of mast cells expressing IgE in proximal airway (inner wall) and distal airway regions (inner and outer wall and alveolar attachments) of 11 subjects with severe asthma. Lines connect data within subjects. Capital letters identify subjects as atopic (A) or not (NA), whereas numbers indicate the serum IgE (kU/L).

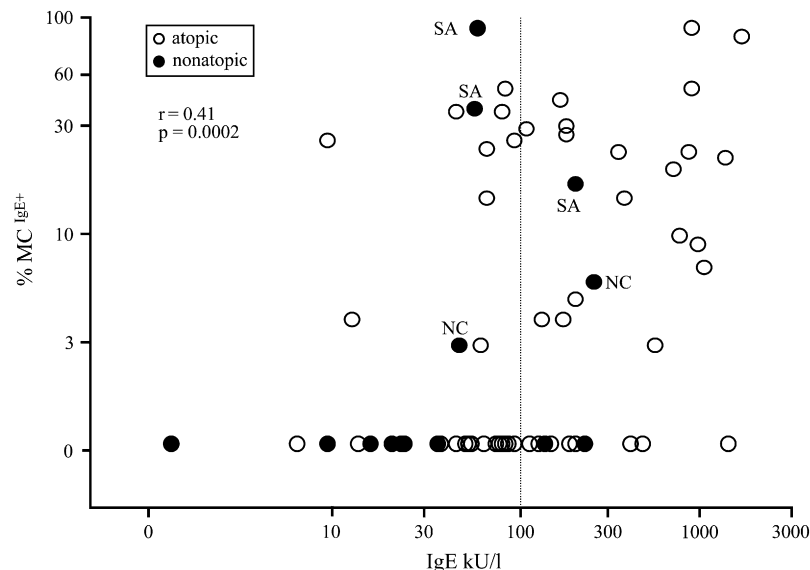


FIG 4. Correlation between serum IgE and percentages of mast cells expressing IgE in proximal airways (all subjects included). Vertical dotted line marks normal serum IgE. Atopic subjects (positive skin reaction to aeroallergens) are marked with open circles. Nonatopic subjects (solid circles) that had mast cell-bound IgE in proximal airways are identified as subjects with severe asthma (SA) or normal controls (NC).

relationships between FEV_1 and $\%MC^{IgE+}$ and between RV and $\%MC^{IgE+}$. Separate estimates were derived for subjects with mild and severe asthma by including interaction terms in the models. Although the interactions were not significant ($P = .12$ for FEV_1 and $P = .70$ for RV), the graphs indicate that the observed significant relationships between lung function and $\%MC^{IgE+}$ were driven more by relationships in severe asthma than in mild asthma.

In contrast with lung function, there was a positive relationship between a history of asthma-related assisted ventilation and both the number of IgE^+ cells and

$\%MC^{IgE+}$ (OR = 2 for a 10-cell increase in IgE^+ cells, $P = .07$; OR = 1.2 for 5% increase in $\%MC^{IgE+}$, $P = .08$), controlling for mast cell and lymphocyte counts. However, there was no relationship with serum IgE (OR = 1.00; $P = .83$).

DISCUSSION

This study is the first to present a comprehensive evaluation of local IgE expression throughout the human lung in tissue samples from more than 90 subjects with and

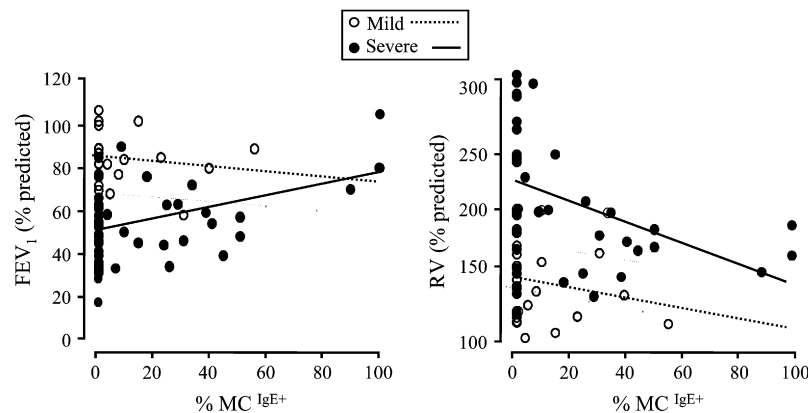


FIG 5. Regression models evaluating lung function parameters FEV₁ and RV as outcomes, and the percentage of mast cells with membrane-bound IgE (%MC^{IgE+}) in proximal airway submucosa as a predictor. Separate estimates were derived for subjects with severe asthma (solid circles and solid line) and mild asthma (open circles and dotted line). The interactions in either model were not significant ($P = .12$ and $P = .70$, respectively).

without asthma, as well as the first evaluation of tissue expression of the tetrameric/signal-amplifying isoform of the high-affinity IgE receptor. The results demonstrate preferential expression of IgE in the airway submucosa as compared to the lung parenchyma and only a limited relationship of local/mucosal IgE expression with systemic IgE levels. Further, a stronger relationship of local/mucosal IgE than of serum/systemic IgE existed with eosinophilic and lymphocytic tissue inflammation, lung function, and severe exacerbations of asthma.

Although the 4 subject groups were similar regarding systemic IgE and atopy (ie, total serum IgE and skin reactivity to aeroallergens), they differed in local/airway mucosa IgE expression. The local IgE-related markers (mast cell-bound IgE, FcεRIβ) were present in proximal airways of both normal subjects and subjects with asthma. However, local IgE expression was highest in the airways of subjects with severe asthma with persistent eosinophilia and was correlated with tissue eosinophils.

Although the degree of tissue IgE expression differed among the groups and was associated with the inflammatory process, the general pattern of IgE expression was similar in lungs of normal subjects and subjects with asthma. Mast cell-bound IgE was primarily present in proximal airways. A subset of subjects with proximal airway IgE also had IgE detectable in small airways, but no subjects had IgE expression limited to the small airways. In addition, no subjects, regardless of proximal airway or serum IgE or atopic status, had IgE detectable in the lung parenchyma, despite the presence of mast cells. This pattern suggests that IgE is distributed along mucosal surfaces, extending from proximal toward distal airways, but not into the lung parenchyma (away from mucosal surfaces). Because no mast cells in the parenchyma (even in atopic subjects with increased serum IgE) demonstrated IgE binding, the presence of elevated serum IgE may be insufficient to induce high IgE binding to these mast cells. Thus, the IgE process along mucosal surfaces appears not to be influenced by systemic IgE but rather induced and

regulated by local mucosal responses to environmental antigens. Indeed, the larger size (similar to IgM, ie, larger than IgG or IgA) and heavy glycosylation of the molecule may limit IgE diffusion in tissue. That may serve to keep the IgE in sites where it is produced—in and along mucosal surfaces. The very low concentrations of IgE in serum ($\sim 1/10^4$ of IgG; 0.004% of serum Igs) also suggest that immune surveillance by IgE occurs primarily in tissue.²⁰ Restricted diffusion may lead to increased concentrations of locally produced IgE, which, along with the high affinity of the FcεRI for IgE, may be necessary to ensure high binding of IgE to mast cells. This may also prolong the IgE half-life in tissue compared with serum (~ 14 days vs 3 days, respectively) and thus provide long-lasting IgE-mediated responses within mucosa. There is evidence that receptors for IgG and IgE compete for the γ -chain dimer, which is a common component of both Igs' receptors and whose availability in mast cells is limited.²¹ Because IgG easily diffuses in tissue, tissue IgG concentrations may be comparable to serum concentrations. Thus, unless local/tissue IgE concentrations are several orders higher than normally seen in serum, the disparity between IgG and IgE concentrations in tissue may result in relatively low IgE binding to mast cells even when accounting for the difference in affinity of respective receptors, perhaps explaining the lack of positive staining for IgE on parenchymal mast cells.^{20,22} Whether this leads to differences in regulation of local versus systemic reactions remains to be evaluated but will be difficult to study in humans.²³

The proposal that these mucosal processes are separate from systemic IgE is consistent with the concept of separate mucosal and systemic immune compartments, investigated in animal models but still difficult to address in humans.²⁴⁻²⁷ The mucosal IgE-mediated process, as this and other studies reported, can exist without systemic manifestations of atopy and increased serum IgE. Powe et al^{9,10} reported specific binding of grass pollen allergen to IgE-expressing cells in sections of nasal mucosa from nonatopic subjects with idiopathic rhinitis.

They went on to suggest “entropy” as the term describing an allergic disease limited to the mucosa and without systemic manifestations of atopy. Similarly, Ying et al¹² suggested that neither atopy nor increased serum IgE is necessary for local IgE-related mRNA expression in asthma. Taken together, all these data support a role for IgE primarily in the mucosal compartment.

Despite these conclusions, serum IgE did correlate with the degree of local IgE expression. Although one cannot exclude that some of the locally produced IgE reaches the circulation, in keeping with the previous discussion about separate mucosal and systemic immune compartments, it is likely that the increase in serum IgE reflects induction of IgE at a systemic level, as a consequence of mucosal processes. Specifically, induction of local IgE synthesis and binding to local mast cells, seen in airways of both normal subjects and subjects with asthma, may indicate an effort by the mucosal immune compartment to activate alternative responses, including induction of local IgE, to enhance the local mucosal defense. In this regard, the percentage of IgE-positive mast cells in apparently healthy normal subjects in this study ranged from 0% to 96%, with IgE present also in proximal airways of 2 nonatopic normal subjects. Frequent breaches of the mucosal defense and perpetual systemic exposures to environmental antigens may elicit systemic immune responses, including increased serum IgE. Increased serum IgE might then reflect a deficient local mucosal response.²⁶ In this study, perhaps because of inclusion of normal subjects regardless of their allergic characteristics (normal nonatopic subjects without any allergic rhinitis symptoms may be different), the responses at the systemic level (atopy and serum IgE) did not differentiate normal subjects from subjects with asthma. Interestingly, common allergic rhinitis symptoms (with or without asthma) rather than the more complex syndrome of asthma had stronger association with systemic markers of allergy. This suggests that the induction of systemic responses to environmental antigens alone (regardless whether caused by a breach of the mucosal barrier in the nose/sinuses or in the lower airways) is not sufficient to lead to the development of asthma. It is possible that in normal subjects, unlike in subjects with asthma, the redundancy of the repertoire of alternative mechanisms along mucosal surfaces is still sufficient to appropriately compensate for deficient mucosal protection and thus to adequately maintain homeostasis along mucosal surfaces. That may prevent triggering of presently unknown immunologic processes at local and/or systemic levels that could result in development of asthma, as discussed in our recent study.²⁸ Accordingly, local IgE may indeed be only an element and marker of particular alternative pathways, which may be induced to enhance local mucosal protection.

The expression of tetrameric signal-amplifying isoform of FcεRI (FcεRIβ) consistently correlated with tissue IgE but was present at a lower level that did not differentiate the groups. Previous studies suggested an increase in overall FcεRI expression in atopic and nonatopic asthma and in atopic controls compared with nonatopic

controls.¹¹ Because in human beings, both trimeric and tetrameric isoforms of FcεRI are functional, it is possible that high IgE binding to mast cells induces the FcεRIβ isoform to a limited degree. Additional studies comparing the trimeric FcεRI and FcεRIβ isoforms' expression in human mast cells as related to IgE (and perhaps concomitant IgG) binding are necessary to resolve this issue.^{29,30}

Local IgE expression strongly correlated with eosinophils and, to a lesser degree, with lymphocytes. Both lymphocytes and IgE were significantly increased in subjects with severe asthma with persistent eosinophilia compared with other groups, including eosinophil-negative subjects with severe asthma. Also, total mast cells in subjects with severe asthma with persistent eosinophilia were higher compared with eosinophil-negative subjects with severe asthma. Because a high proportion of these mast cells were IgE-positive, and previous reports suggest that IgE binding prolongs mast cell survival, it is possible that the relative resilience of mast cells in subjects with severe asthma with persistent eosinophilia is related to an IgE-inducing mucosal response, high IgE binding to mast cells, and higher mast cell activity.^{14,31,32}

Regression models examining the relationships of tissue IgE with lung function suggest that mucosal IgE-related immune processes in asthma are less detrimental to lung function than other defense mechanisms. Thus, the ability to elicit local immune responses that include IgE, particularly in severe asthma, may have better outcomes than alternatives. Indeed, IgE-mediated reactions and eosinophilia are otherwise appropriate responses against parasites.

In contrast, the positive association between local IgE expression and a history of asthma-related assisted ventilation suggests that higher expression of IgE in the airways may predispose to severe exacerbations of asthma. Although in these models eosinophils were not a significant contributor, eosinophils have been associated with severe exacerbations of asthma.¹³⁻¹⁵ A recent study suggested that anti-IgE therapy in mild asthma reduced both IgE-positive cells and eosinophils in the tissue.³ This may be part of the mechanism by which anti-IgE therapy reduces asthma exacerbations in moderate and severe asthma.^{1,2,4} Interestingly, although anti-IgE therapy significantly decreased eosinophilic inflammation and tissue and serum IgE levels, these changes did not improve lung function.³ Although these complex but consistent relationships suggest that increased IgE binding to mast cells and concomitant acute reactions are marginally related to very severe exacerbations, the relation of mast cell IgE to lung function also suggests that persistent engagement of T_H2 pathways in asthma may preserve airflow through reparative/profibrotic effects.^{15,33-35}

Although analyzing human tissue samples offers indispensable information about the *in vivo* tissue environment, conclusions about the causality of the processes cannot be made. Also, this study did not evaluate the presence of IgE-producing plasma cells in the submucosa. Thus, the connection with local production of IgE cannot be made.^{6,7} The limited sensitivity of IgE detection in

glycol-methacrylate resin-embedded tissue resulted in identification of mast cells with high IgE expression only and prevented detection of other cells that bind/express IgE at lower levels, such as other mast cells, eosinophils, dendritic cells, B cells, and so forth.

In conclusion, this study reports that IgE expression in human lung follows a distribution pattern typical for a mucosal immune response. The IgE process may be primarily locally induced and regulated, and can exist with or without systemic IgE or atopy, but is unlikely to be locally induced or amplified by systemic/serum IgE. The local IgE process may represent an alternative homeostatic mechanism to maintain mucosal defense in both normal subjects and subjects with asthma. It is prominently active in severe asthma with eosinophilia, but not in severe asthma without eosinophilia, and appears to be associated with better lung function but more severe exacerbations of the disease. A better understanding of airway mucosal immunity as it relates to IgE and asthma is needed.

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